

Summary of results

Evaluation objective	Indicator & Data source	Findings	Conclusions	Challenges?
<i>Is carer burden reduced by a 12 week support program?</i>	<i>Change in carer burden over 12 weeks; self-report survey</i> <i>Focus groups with carers at the end of 12 week program</i>	<i>Reduction in carer burden over 12 weeks</i> <i>Carers reported feelings of being able to cope better</i>	<i>Quantitative data and qualitative data support effectiveness of the support program</i>	<i>No control group.</i>