

**SMART objectives**

Goal: \_\_\_\_\_

Objective: \_\_\_\_\_

<b>S</b> <b>Specific</b>	
<b>M</b> <b>Measurable</b>	
<b>A</b> <b>Achievable</b>	
<b>R</b> <b>Relevant</b>	
<b>T</b> <b>Time-framed</b>	